

IMPORTANT:

DO NOT OPEN THIS BAG UNTIL INSTRUCTED TO DO SO BY THE STUDY COORDINATOR.

WHEN INSTRUCTED TO DO SO BY THE STUDY COORDINATOR:

- 1. Write today's date onto one of the green lab requisitions in your study kit.
- 2. Wash your hands thoroughly with soap and water, or sanitize your hands with alcohol-based hand sanitizer, for at least **15 seconds**.
- 3. Next, without touching anything else, open this bag and remove only **one** of the smaller plastic bags and **one** of the paper bags inside. Reseal this bag.
- 4. Open the smaller plastic bag so that there is a wide opening at the top.
- 5. Drop your labelled sample directly into the smaller bag with one hand.
- 6. Use your other hand to seal the bag closed.
- 7. Put the sealed bag with the green, dated lab requisition into the paper bag.
- 8. Place the paper bag in the agreed-upon location at the entrance of your home for pickup, without letting it touch anything else.

The location for specimen pick-up must be OUTSIDE your home:

eg. on your doorstep, on your porch, in the public entrance of your apartment/condo building, etc.